



## Dress Code in Dominican Republic for Medical Teams

Generally the Dominican culture has clear expectations about appearance that are quite different from the United States and aspects of appearance maybe interpreted in a manner we may not expect. How we present ourselves affects the sincerity of the message we proclaim. Therefore, **all of our decisions regarding dress should focus on respect, modesty and sensitivity for the culture of the people** and churches we partner with and for the communities in which we are working.

### In clinics:

- Scrubs
- Comfortable Shoes
- Piercings should be taken out.
- Women: Jewelry should be kept at a minimum and little or no makeup should be worn.

### When visiting a school/church:

#### Women:

- Women should wear skirts or dresses at least knee length.
- Sleeves should cover the shoulders. (i.e. No bare shoulders.)
- Jewelry and make-up must be kept at a minimum.
- Clean sandals (not flip-flops) are acceptable.
- Piercings in places other than ears should be taken out or very small jewelry worn.

#### Men:

- Men wear long pants and short-sleeved collared shirts.
- Shoes should be clean.
- Piercings should be taken out or very small jewelry worn.

### Beach:

One piece bathing suits

### At the lodging site:

- You may dress as you usually do, though very short shorts, spaghetti straps and spandex is not acceptable.
- Given the sleeping arrangements, all should be in shorts and shirts or other modest attire.

**When in doubt, ask your group leader or a FFP staff member.**