



## Additional Information for the Dominican Republic

### Key Roles and Responsibilities of US Group Leader

- Providing a spiritual environment with Bible studies, song, evening sharing, prayer, etc. OR provide a time for debriefing and reflection
- Motivating and moving the group members through their planned activities
- Putting people in charge of simple tasks like getting the water and setting the tables, etc.
- Preparing and conducting VBS and worship service or activities for children
- Establishing a “lights out” time of 10 pm and chaperoning youth on the trip (this is not the job of the FFP staff)
- Count the team members before leaving on the bus to be sure that no one is left behind.

### Key Roles and Responsibilities of FFP Staff Members

- Make all preparations for the group before their arrival
- Provide translation as needed
- Set-up for all planned activities including the medical clinic
- Coordinate scheduling of events between the group leader and community leaders
- Arrange to exchange money once during trip
- Collect and distribute donations from the group

### Other important information

- DO NOT drink the tap water, brush your teeth with it or use it to clean contact lenses. Use only filtered water.
- Use water sparingly. It is a precious commodity. Showers should be short since everyone is sharing a few showers. There is no hot water in the showers.
- Conserve drinking cups by using your personal water bottle and/or by labeling disposable drinking cups with your name for multiple uses.
- Do not walk barefoot. Use flip flops in the shower that you do not wear elsewhere.
- Only leave the group housing or work sites with an adult and after receiving permission from both your US and FFP leaders.
- Don't flush toilet paper or any non-natural products down the toilets. The sanitary sewer treatment facilities can only process natural products. Place used toilet paper in the plastic-bag-lined trashcan in the bathroom. Please empty the trash daily.
- No smoking or consuming alcoholic beverages in any setting while in the Dominican Republic.
- Piercings and wearing a lot of jewelry is not acceptable to our Pentecostal brothers and sisters, and should be avoided in public areas. A watch, one or two rings, and small earrings are the only jewelry types to be worn. Remove piercings.
- Light or no makeup is most acceptable to our Pentecostal brothers and sisters.
- Respect the dress code. When attending church, women wear clothing that covers their shoulders and dresses or skirts that are knee length or longer. No mid-body exposure is acceptable. Men wear long pants and shirts that cover the shoulders and shoes, not sandals. No shorts are allowed in the church services. Clean shoes are important too.
- Drink water frequently. One of the most significant health problems is dehydration. Bring your water bottle everywhere and drink much more than you would at home. Encourage others to do so too.
- Never put your hands out of the window of the vehicle you're riding in.



Working together. Hand in hand.

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- Quiet time is 10:00 pm to 7:00 am unless designated as a special occasion by the group leaders. Be considerate of other group members and the FFP staff. Getting a good night's sleep helps prevent illness and enables sufficient energy for the subsequent day.
- Phone calls: U.S. cell phones work there if you have an international plan. We suggest that you confirm that you will have access and check the cost/minute, since they vary widely. Some companies provide special cell phones for use abroad.
- On the trip, please tell your group leader if you are experiencing any problems, especially if you are not feeling well. Also, tell your leader if there has been any change in your health or medications since you submitted your application.